

Tanning with Fake Bake™

A favourite with A-list celebrities. Fake Bake self tanning treatment uses the most natural products available to give the ultimate tan from a bottle.

Full Body Tan 1 hour **£30**
Half Body Tan (upper or lower body) **£20**

Wedding Make up

freshMinerals
 ... AS PURE AS SILK

Brides Make-up 1 hour **£35**
 (Trial 45 mins - optional) **£25**
 Trial takes you through colour matches and preference to styles. Fabulous colours and shades to choose from.

Party or Special Occasion Make up

All inclusive of cleanse and moisturise

Prior to this treatment all waxing or plucking should be done at least the day before.

30 mins **£30**

Pamper Days

GOLD PAMPER DAYS

CHOOSE 2 X 1/2 HOUR TREATMENTS OR 1 HOUR FACIAL from the following:

- Hot stone or aromatherapy back, neck & shoulder massage 30 mins
- Hot stone or aromatherapy luxury back of legs massage 30 mins
- Luxury hand & arm treatment (includes paraffin wax & massage) 30 mins
- Luxury foot & leg treatment (includes paraffin wax & massage) 30 mins
- Aromatherapy luxury face, neck, shoulder & scalp massage 30 mins
 or Luxury facial (includes scalp massage) 1 hour

A tasty light lunch will be served in Waltons Bar which will include a pasta dish & a glass of wine **Only £69**

SILVER PAMPER DAYS

CHOOSE 2 X 1/2 HOUR TREATMENTS from the following:

- Mini Facial • Back neck and shoulder massage • Manicure • Pedicure
- A tasty light lunch will be served in Waltons Bar **Only £49**



Waxing

The lavender experience contains 100% pure essential oils of lavender.

Help us to help you; we strongly advise that you refrain from using any sort of heat treatments e.g. swimming, hot baths, saunas etc for at least 24 hours before and after your waxing treatment. No clients taken for waxing under the age of 16 years unless parent present.

Eyebrow	£6
Full Leg	£22
Full Leg inc. Bikini	£28
Half Leg	£17
Bikini	£10
Underarm	£7
Lip or Chin	£5
Chest or Back	£15
Half Arm	£10
Full Arm	£15

GIFT VOUCHERS AVAILABLE

Opening Times

Tuesday 11am - 8pm
Wednesday 9am - 6pm
Thursday 9am - 9pm
Friday 9am - 9pm
Saturday 9am - 5pm
Sunday 10am - 3pm

Other opening times available on request
 24 hours required for cancellation; otherwise charges may be incurred



CROWN HOTEL

Beauty Room



dermalogica®

Crown Leisure Club · Wetheral · Carlisle
 Tel: 01228 564272 and 01228 562986
FREE ONSITE PARKING AVAILABLE



facials and Body Treatments

with

dermalogica®

The Dermalogica range is not based on old fashioned skin typing but on a unique system of analysis allowing the Skin Therapist to design a personalised treatment for each client. Using this inch by inch methodical analysis of the facial landscape allows the Skin Therapist to prescribe treatment and home care needs accurately.



The Face Treatment	1 hr	£35
Age Smart Treatment	1 hr 15 mins	£40
Touch Therapies	15 mins	£15
Micro Zone SM	20 mins	£20
Body Foliation Therapy	30 mins	£30
Mineral Salt Scrub Therapy	30 mins	£30
Mud Massage Therapy	20 mins	£20
The Body Treatment	90 mins	£50
Deep Thermal Therapy with Thermal Stamp	90 mins	£75



Massage

SWEDISH MASSAGE

Full Body	55 mins	£35
Back, Neck & Shoulder	30 mins	£22
Face, Neck, Shoulder & Scalp	30 mins	£22
Back & Back of Legs	40 mins	£25

AROMATHERAPY MASSAGE

	Full Body	Back, Neck & Shoulder	Face, Neck, Shoulder & Scalp	Back & Back of Legs
	55 mins	30 mins	30 mins	30 mins
De-tox	£40	£25	£25	£30
Toning	£40	£25	£25	£30
Anti Stress	£40	£25	£25	£30
Stimulating	£40	£25	£25	£30
Ear Candling				£15

STONE THERAPY MASSAGE

* Alternating warm & cold stone during massage is excellent for healing tissues and giving a refreshing effect rather than a deep relaxing and sedating effect.

Thermotherapy **£50**
(Warm & Cold Stone Treatment)*

	Full Body	Half Body, Back, Back of Legs, Feet & Arms	Back, Neck, Shoulders & Arms
	75 mins	40 mins	35 mins
Lymphatic Drainage	£60	£50	£35
Deep Tissue Massage (Warm Stone Treatment)	£60	£50	£35



JESSICA®

Hands and feet

Jessica is the world's number one natural nail care system

Jessica Prescriptive Manicure30 mins **£18**
Nails are analysed, skin is softened, hands and arms are massaged and your chosen Jessica Custom Colour is applied.

Jessica Luxury Hand & Nail Treatment .45 mins **£22**
As with the Prescriptive Manicure, nails are treated, a massage applied to hands and arms followed by thermal mittens for deeper penetration of oils and creams, finished with your choice of Custom Colour.

Jessica Zen Spa Pedicure45 mins **£22**
Nails are analysed, shaped and treated. Skin is softened, cuticles pushed back, feet and lower legs exfoliated and massaged, finished with your choice of Jessica Custom Colour.

Jessica Luxury Foot Treatment.....1 hour **£25**
As with Zen Spa, nail and cuticle work is done, legs and feet are left feeling relaxed, thermal booties are used to help soften skin and soothe joints, finally coated with Jessica Custom Colour.

File and Polish20 mins **£12**



Full Set of Acrylic Nails
 £25 || **Infills** | **£20** |
| **Soak Off and Manicure** | **£15** |

Eye Treatments

(For first time tinting and perming in this Salon, a patch test must be done 24 hours prior to treatment)

Eyelash Tint	£10
Eyebrow Tint	£6
Eyelash and Brow Tint	£14
Lash Perming	developing time 50 mins £18
False Lashes	15 mins £15